December 2009
Rainier Christian Preschool and Childcare

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Breakfast Menu

(served with milk or juice)

Monday: Oatmeal or Cereal Bar
Tuesday: Pancakes & Fruit
Wednesday: Sausage Biscuit & Fruit
Thursday: French Toast Stix & Fruit
Friday: Cereal & Fruit

Breakfast is offered from 6:30-7:30 a.m.

Breakfast Charges: $1.00 per meal

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Morning Snack Menu:

(Served with milk)

Monday:
Crisp Apple Slices and Town House Crackers
Tuesday:
Orange Wedges and Saltine Crackers
Wednesday:
Bananas and Vanilla Wafers
Thursday:
Sweet Grapes and Fish Crackers
Friday:
Seasonal Fruit and Graham Crackers

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Afternoon Snack Menu:

(served with juice or water)

Monday:
Rice Krispie Treat / Cereal Bar
Tuesday:
Pudding / Go-gurt
Wednesday:
Cheese Crackers / String Cheese & Crackers
Thursday:
Teddy Grahams / Fruit Muffin
Friday:
Oatmeal Cookies / Choc. Chip Cookie

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Evening Snacks:

(served with water)

*Cheese Balls *Fruit *Crackers and Cheese *Pretzels
*Muffins *Go-gurt *Granola Bars *Veggies *Raisins

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Mon	Tue	Wed	Thu	Fri
30 Turkey Sandwich Chips Raisins Cookie Milk	1 Mini Burger Chips Mandarin Oranges Cookie Milk	2 Lasagna Corn Pears Cookie Milk	3 Pancake on a stick Tator Tots Apple Sauce Cookie Milk	4 Mozzarella Stix Marinara Sauce Peaches Cookie Milk
7 Chicken Nuggets Tator Tots Pears Cookie Milk	8 Corn Dog Chips Mandarin Oranges Cookie Milk	9 Cheese Quesadilla Green Beans Fruit Cocktail Cookie Milk	10 Egg Casserole Spring Roll Apple Sauce Cookie Milk	11 Mini Burrito Carrots Fruit Cocktail Cookie Milk
14 Rice w/Chicken Gravy Green Beans Pears Cookie Milk	15 Hot Dog Chips Mandarin Oranges Cookie Milk	16 Pizza Pineapple Carrots w/dip Cookie Milk	17 Macaroni-n-cheese Green Beans Pears Cookie Milk	18 Taquitoes Carrots Fruit Cocktail Cookie Milk
21 Christmas Break SACK Lunches	22 Christmas Break SACK Lunches	23 Christmas Break SACK Lunches	24 Christmas Eve CLOSED	25 Christmas Day CLOSED
28 Christmas Break SACK Lunches	29 Christmas Break SACK Lunches	30 Christmas Break SACK Lunches	31 Christmas Break SACK Lunches	1 New Years Day CLOSED

Parents are responsible for supplying supplemental food for children with allergies.

Menu items are subject to change due to inventory